

## Real People

**M**— a middle-aged woman from the Central Valley had a history of 77 emergency psychiatric hospitalizations. Since participating in a **Full Service Partnership (FSP)** project over a year ago, she has not been hospitalized even once.

**C**— a 62 year-old Korean immigrant attempted suicide after losing his job and most of his eyesight. After psychiatric hospitalization and suffering major depression, he was referred to **Older Adult Support and Intervention System (OASIS)**. Receiving the help needed, he turned his life around, now manages his medications and mental illness; had an operation to recover his eyesight; and is more hopeful than ever about life.

**J**— an 18 year-old Latino was in juvenile hall for possession of stolen property. A daily smoker of marijuana, his grades and school attendance suffered. After getting involved with **Youth in Mind**, he gave up marijuana, improved his grades, and completed high school. He now attends community college, has his first job, and plans to earn a degree in counseling to help others.

**S**— a Long Beach native was homeless for over four years. Working with **Mental Health America LA**, she applied for financial and health benefits to stabilize her life. Connecting to community resources helped her feel a part of something larger. She now lives in her own apartment, enjoys decorating for the holidays, and has a new puppy.

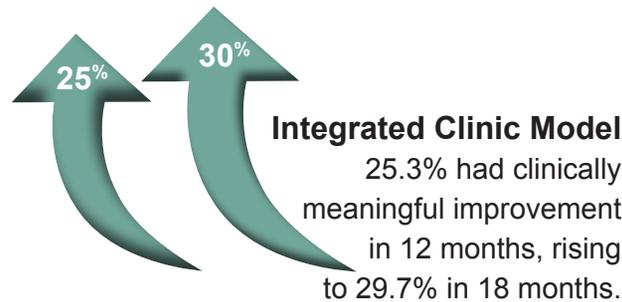
## Real Recovery\*

### Integrated Mobile Health Team

54% reduction in substance use from entry into the program and 12 months of service, and a 65% substance use reduction in the second year of service.

### Integrated Services for Under-Represented Ethnic Clients

21% reduction in substance use from entry into the program and 12 months of service.



### Integrated Clinic Model

25.3% had clinically meaningful improvement in 12 months, rising to 29.7% in 18 months.

\*Integrated Services Data from the Los Angeles County Department of Mental Health's integrated care initiative to reduce substance use.

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*Counties and the State of California partner to provide behavioral health services that form the foundation of meaningful community mental health and substance use disorder programs—improving the quality of life for all Californians.*

## Real Improvement

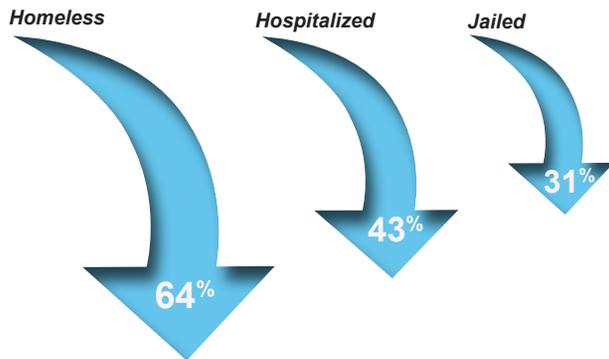
**Full Service Partnerships (FSP)** serve people with severe mental health issues.

Doing “whatever it takes” to help people recover, over 27,000 Californians have been served through FSP since 2005.

FSP participants are far less likely to be homeless, hospitalized, or jailed.

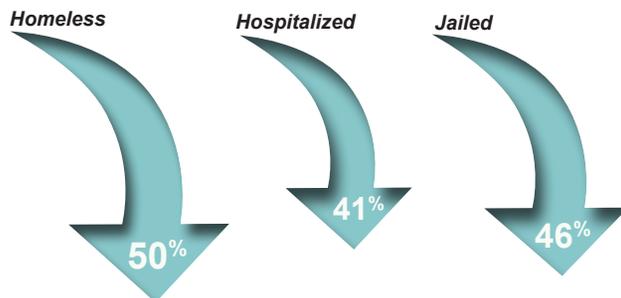
### Improving Lives

Reductions in the number of **people** in an FSP who were homeless, hospitalized, or jailed.



### Reducing the Counties' Burden

Reductions in the number of **days** people in an FSP were homeless, hospitalized, or jailed.



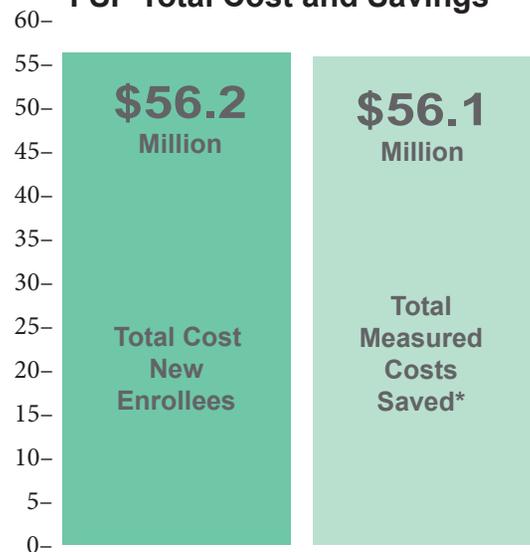
## Real Results

### Improved Lives and Cost Savings

TAY\* (ages 16-25)..... 47.2%  
 Adults (ages 26-59)..... 100.0%  
 Older Adults (ages 60+)..... 72.4%

\*“Transition-Age Youth”

### FSP Total Cost and Savings



### \*Measured Costs Saved Include:

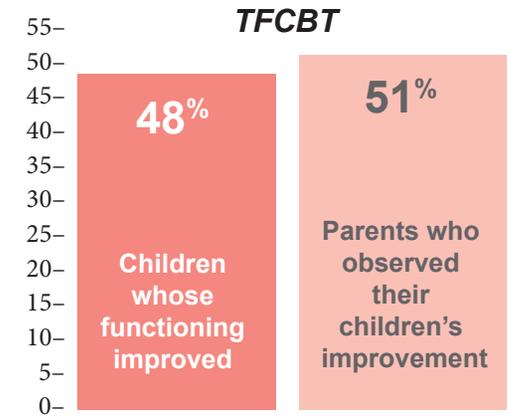
Inpatient psychiatric hospitalizations; skilled nursing facilities; long-term psychiatric care; emergency room use; juvenile hall placement; and jail incarceration.

### Measured Costs Saved do not Include:

Law enforcement contacts; court administration; homelessness; code enforcement; and parks/ public space maintenance.

## Real Benefits

**Trauma-Focused Cognitive Behavioral Therapy (TFCBT)** is a child-focused service for kids who have experienced traumatic events at home or in their communities.



### Client Satisfaction

People served are satisfied with the behavioral health service received— 60% of adults and 75% of children do better at work, school, and managing daily life after receiving services.

